

# Pancakes, WG, Wholesome Choice, Buttermilk, Maple Cinn, 2 Pack (#1478)



Can every morning be a pancake morning? We'd like to think so! These fluffy maple cinnamon pancakes are great plain or served with syrup and fruit toppings.

## General Specifications

Pack: 72/2.6 oz  
 Kosher: No  
 Shelf Life: 2 hours at ambient. 6 days refrigerated. 365 days frozen.  
 Status: Available



Nutrition Facts	
Serving size 2 Pancakes (74g)	
Amount per serving	
<b>Calories</b>	<b>170</b>
	% Daily Value*
Total Fat 3.5g	5%
Saturated Fat 0.5g	3%
<i>Trans</i> Fat 0g	
Cholesterol 10mg	4%
Sodium 210mg	10%
Total Carbohydrate 32g	12%
Dietary Fiber 2g	7%
Sugars 12g	
Includes 9g Added Sugars	19%
Protein 4g	
Vitamin D 0.1mcg	0%
Calcium 50mg	4%
Iron 1.3mg	8%
Potassium 80mg	2%
Folate 45mcg	10%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## SCHOOL SPECIFICATIONS

Nutritional Ratio: 19-3-16

Grain (ounce equivalents): 2.0  
 Whole Grain: 13.65g, 51%  
 Enriched Flour: 13.27g  
 Combined Flour 26.91g

## INGREDIENTS

Water, Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Maple Chips (Sugar, Wheat Flour, Soybean Oil, Cellulose Gum, Natural Flavor), Eggs, Buttermilk Solids, Dextrose, Soybean Oil, Whey Powder, Natural Maple Flavor (Water, Propylene Glycol, Natural Flavors), Soy Lecithin, Salt, 100% Ground Cinnamon, Baking Soda, Sodium Aluminum Phosphate, Monocalcium Phosphate

## ALLERGENS & DISCLOSURES

Contains egg, milk, soy, and wheat ingredients.  
 Contains bioengineered food ingredients.  
 This product is produced in a nut-free facility.



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## Instructions

### PREPARATION

The day before serving: Remove product in full cases from the freezer and thaw for 2 hours at room temperature. After thawing, put in the refrigerator/cooler until needed. DO NOT RE-FREEZE! Re-freezing will cause product to stick together.

The day of serving: Remove product from refrigerator or cooler. Heat in a warmer or convection oven at 350 degrees for 5 minutes.

Conventional Oven at 350 degrees 7-8 minutes.

For food safety and quality, product is fully cooked when it reaches an internal temperature of 165F.

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## Case Specifications

GTIN: 00737410147802  
Dimensions: 17" x 13" x 7.75"  
Cube: 0.99  
Gross Weight: 12.96 lb  
Per Pallet: 80  
Tier x Height: 8 x 10  
Inside Pack: 72 packs per case

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## Bid Specification

Bake Crafters Pancakes, WG, Wholesome Choice, Buttermilk, Maple Cinn, 2 Pack; must be whole grain rich and provide 2.0 ounce grain equivalents. Portion to provide at least 145.0 calories, with no more than 4.5 grams of fat. Must contain less than 260.0 milligrams of sodium. Acceptable brand: Bake Crafters 1478.